

UNDERSTAND YOUR SUPERPOWER

ADHD

8-week
psychotherapy
group for women
with ADHD

*Understand
your cortex.
Unleash your
superpowers.*

CALM THE CHOAS

HARNESS THE POWER

FIND YOUR FLOW STATE

NEXT SESSION:
Jan 15th - Mar 5th
Thursdays: 12:05-12:55pm

GROVE
INSTITUTE

LEARN MORE & SCHEDULE:



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